

I'm managing lots of reading for the first time

Are you feeling overwhelmed by your reading list?

Yes

It's natural to feel this way if your reading list is on the longer side, but you don't have to read everything on it.

- Check which texts are essential, and which are recommended
- If you're unsure about which reading you're expected to do, speak to your module leader
- Once you know what you need to read, plan it into your time using our [study timetable](#)

No

Your reading list is a helpful tool for your academic research.

Are you unsure about how to find the resources you need to read?

No

Good luck with your search!

Yes

- For guidance on finding information, visit the [Academic Skills Kit](#)
- Use the Library's [Search Planner](#) tool to help you plan your search
- If you need more support, [book a 1:1 with our Library Liaison team](#)

Are you struggling to keep up with the amount of reading you've planned to do?

Yes

Remember you don't need to read everything in its entirety, there are strategies that can help manage your reading.

- For advice on how to read more effectively, check out [this resource](#)
- For support with time management, take a look at [these resources](#)
- To discuss time management strategies, book a [1:1 with the Academic Skills team](#)
- For support with procrastination or a lack of motivation, speak to your school's [Student Wellbeing Adviser](#)

No

Don't forget to keep track of everything you've read!

Do you feel like you're not understanding your reading?

Yes

It's natural to feel overwhelmed when you're taking in lots of information. Perhaps you're unsure about your reading purpose too.

- To reflect on your reading purpose, watch [this video](#)
- For guidance around information overload, take a look at this [Library resource](#)
- For issues impacting your wellbeing outside of your studies, speak to your school's [Student Wellbeing Adviser](#)

No

It's great that you're on track with your reading.

No
Good luck!

Are you unsure about what to do once you've done your reading?

Yes

It's important to use your reading in your work, but it can be hard to know where to start.

- Take notes from your reading using effective [Notetaking Strategies](#)
- For advice on how to make the most of your notes, watch [this video](#)
- For further support with using your reading in your work, book a [1:1 with the Academic Skills team](#)