

## I'm managing lots of reading for the first time

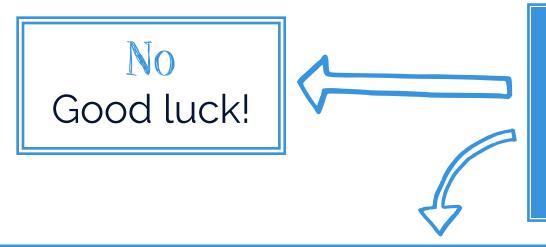


purpose too.

- To reflect on your reading purpose, watch this video
- For guidance around information overload, take a look at this Library resource
- For issues impacting your wellbeing outside of your studies, speak to your school's Student Wellbeing Adviser

No

It's great that you're on track with your reading.



Are you unsure about what to do once you've done your reading?

## Yes

It's important to use your reading in your work, but it can be hard to know where to start.

- Take notes from your reading using effective Notetaking Strategies
- For advice on how to make the most of your notes, watch this video
- For further support with using your reading in your work, book a 1:1 with the Academic Skills team